

Pre Coaching Questionnaire

Please fill this questionnaire in and send it back to: Antje Rach, ar@worteundwandel.de

1. What is your reason to take part in the coaching? Please describe the problem / your situation in a few sentences.

2. What goal do you want to achieve with the help of the coaching? What do you want to accomplish, develop or change?

3. Beyond that, is there anything you want to share before we're going to start the coaching?